

A Medicaid plan *With Care,*

When you have Medicaid with CareFirst CHPMD you have access to over 7,000 healthcare providers—and so much more:



Care coordination



24/7 nurse advice line



Maternity health program



Vision care



Virtual primary care



Medications



Transportation



Need more information?

To learn more about CareFirst CHPMD plan and download a full version of the CareFirst CHPMD member handbook, visit carefirstchpmd.com.

If you have specific questions about our benefits or would like additional assistance, call Member Services at 410-779-9369 or toll-free at 800-730-8530 (TTY: 711), Monday–Friday, 8 a.m.–5:00 p.m. (ET).



Your health is
our *priority*

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Family planning programs

If you're pregnant or thinking about having a baby, CareFirst CHPMD is here to support you every step of the way.

CareFirst CHPMD Baby Steps program is here to ensure you have the healthiest pregnancy possible. We provide a variety of services at no extra cost to you, including:

- Prenatal visits with \$0 copay
- Prenatal vitamins
- Free breast pump
- \$125 gift card for attending a childbirth class, breastfeeding class, or infant care class
- \$105 gift card for baby safety and health needs

New for 2025—CareFirst CHPMD Mommy Meals program is a healthy and customized home-delivered food and nutrition education program designed to support our members who are 20-28 weeks pregnant and their babies.

CareFirst CHPMD plan also provides a full range of family planning and reproductive health services including contraceptive supplies, health screenings, and sexually transmitted infection and disease treatments.



Medical and prescription drug coverage

As a CareFirst BlueCross BlueShield Community Health Plan Maryland (CareFirst CHPMD) member, you will have access to a wide variety of top-quality medical and drug benefits, including:

- Primary care services administered by your primary care provider (PCP)
- Prescription drug coverage
- Urgent care with \$0 copay for in-network centers
- Checkups, immunizations, and screenings for children
- Mental health services
- Specialist services
- Laboratory and diagnostic services

Additional benefits

CareFirst CHPMD members enjoy a whole host of benefits that go way beyond basic healthcare coverage. They include:

- Vision care covering eye exams, glasses, contacts for Members under 21 and more
- Hearing care for assessing and treating hearing loss
- Nurse Advice Line available 24/7 for non-emergency questions
- Post-Discharge Meal Service following a hospital stay
- Over-the-counter (OTC) items through the CHPMD Formulary with prescription from a provider
- **New for 2025**—Six free one-way rides for all non-emergency medical needs

To view a full list of benefits, visit carefirstchpmd.com/for-members/benefits or scan the QR code:

